



SMITHTOWN YOUTH LACROSSE

2024-25 SEASON UPDATES



www.smithtownyouthlacrosse.com



@smithtownlax



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INTRODUCTION



Smithtown Lacrosse Community!

The success of our East & West High School Varsity Lacrosse programs is an accomplishment no other community high school program in America can match! This is not only a credit to the outstanding high school coaching staff in place at both high schools, or our outstanding Athletic Director Jason Lambert, but also to the incredible youth lacrosse program we have here in Smithtown.

Smithtown Youth Lacrosse remains one of the highly regarded lacrosse programs by USA Lacrosse and other respected youth programs across the country. USA Lacrosse designated Smithtown Youth Lacrosse “The Gold Stick” award, in recognition for being one of the nation’s premier youth lacrosse programs in the country. This combination of excellence in both our high school and youth lacrosse programs continues to make Smithtown Lacrosse highly desirable.

As we prepare for the 2024-25 lacrosse season, the SYL Board of Directors has strategized on the program’s future with a common goal to continuously improve as one cohesive program. We remain focused on ensuring that we have a united community concentrated on athlete development and clear, consistent communication as our athlete’s progress through to the Middle School, Junior Varsity and Varsity levels.

We are motivated to provide the highest value relative to cost and make every effort to remain the most rewarding experience for those who choose to wear a Smithtown lacrosse uniform.





2024-25 SEASON GOALS



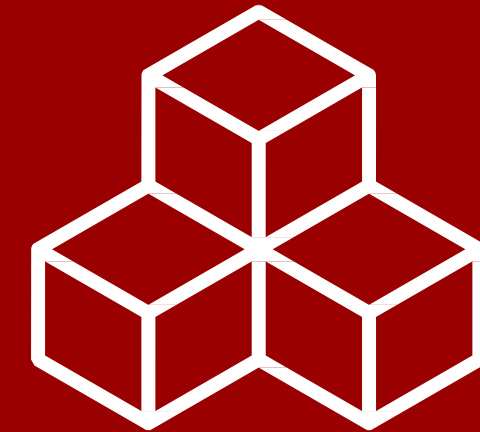
COST

- REDUCE TEAM SMITHTOWN COST BY MORE THAN 30%
- CONTINUE TO OFFER THE SIMILAR OPPORTUNITIES AT A LOWER COST.
- YEAR ROUND TRAINING EVENTS & TEAM GEAR ARE NOW OPTIONAL



TRAINING

- OFF SEASON ATHLETE DEVELOPMENT MAKES A DIFFERENCE
- ADDITIONAL OPPORTUNITIES WILL BE MADE AVAILABLE YEAR ROUND



END PRODUCT

- STRUCTURALLY CHANGED PROGRAM TO ATTRACT SMITHTOWN ATHLETES TO PARTICIPATE IN LACROSSE
- YEAR ROUND DEVELOPMENT OF ALL SKILL LEVELS AND OPEN TEAM SMITHTOWN OPPORTUNITIES TO MORE ATHLETES



MATT SCHULTZ, A SMITHTOWN ALUM, HAS HAD A GREAT FIRST YEAR AS HEAD COACH OF SMITHTOWN WEST. TAKING THE TEAM TO THE COUNTY FINALS AND WINNING COACH OF THE YEAR FOR SUFFOLK COUNTY. WE LOOK FORWARD TO NEXT YEAR AND THANK MATT FOR ALWAYS FINDING WAYS TO CONNECT WITH THE YOUTH PROGRAM.

"Smithtown Youth Lacrosse is the foundation of our success for the varsity program. We are blessed to have coaches, parents and players who care about lacrosse in this community. As a former Smithtown Youth Lacrosse player, I know how impactful SYL can be and we will continue to work together to help young athletes achieve their dreams.



WE WOULD LIKE TO WELCOME BACK COACH KEVIN HUFF AS THE NEW HEAD COACH OF SMITHTOWN EAST. KEVIN IS A MEMBER OF THE LONG ISLAND METRO LACROSSE FOUNDATION HALL OF FAME. KEVIN HAS BEEN COACHING FOR MANY YEARS INCLUDING SMITHTOWN EAST FOR 13 YEARS WHERE HE WON 171 GAMES, 12 LEAGUE TITLES AND ONE SUFFOLK COUNTY CHAMPIONSHIP. IT IS GREAT TO HAVE COACH HUFF BACK IN SMITHTOWN!

"I'm thrilled to be back at Smithtown East! I'm excited and eager to get to work with the whole program, from the youth level to the varsity. We, the coaches and players, will work hand in hand with the Smithtown Youth Program to keep it as one of the premier youth programs on Long Island.

*Respect All....Fear none"
-Coach Huff*





2024-2025 TEAM SMITHTOWN SMITHTOWN LACROSSE PACKAGE GRADES 2ND - 8TH GRADE



2024-25 SEASON COST: \$675

*REGISTRATION FOR TEAM SMITHTOWN WILL OPEN IN
SEPTEMBER - AFTER THE FREE EVALUATION CLINIC

What's Included:



- FREE EVALUATION CLINIC RUN BY VARSITY COACHES AND PLAYERS
- 8 GAME PAL SEASON • SUBLIMATED UNIFORM • TWO TEAM TOURNAMENTS
- VARSITY AND COLLEGE PLAYERS ASSISTING AT PRACTICES THROUGHOUT THE YEAR.
- VARSITY COACHES FROM EAST AND WEST WILL COACH THE 7/8TH GRADE TEAM
- 4 WEEKS OF WINTER INDOOR TRAINING - POSITIONAL AND TEAM PRACTICES
- YEAR ROUND PRACTICES AND TRAINING
- OPPORTUNITIES FOR ADDITIONAL TOURNAMENTS OR WINTER/SUMMER LEAGUE CAN BE ADDED AND WILL BE DISCOUNTED FOR TEAM SMITHTOWN PLAYERS.
- ACCESS TO TEAM SMITHTOWN PLAYER ONLY CLINICS RUN BY COLLEGE AND HIGH SCHOOL COACHES
- OPTIONAL TEAM GEAR WILL BE ADDED TO AN ONLINE TEAM STORE FACILITATED BY A VENDOR. THIS WILL INCLUDE HELMETS, GLOVES, SHAFTS, BAGS, AND APPAREL.



2024-2025 TEAM SMITHTOWN SMITHTOWN LACROSSE PACKAGE GRADES 2ND - 8TH GRADE



Team Smithtown will be running a free evaluation clinic on Saturday September 7th 10:00-11:30am at the Armory. This is being run by varsity coaches and players and is mandatory for anyone interested in being part of Team Smithtown. Please register with the QR code or use the link below:

<https://smithtownyouthlax.leagueapps.com/events/4318049-team-smithtown-evaluation-clinic>



2024-2025 PAL SMITHTOWN LACROSSE PACKAGE K-8TH GRADE - PAL ONLY



2024-25 SEASON COST: K-1 \$225 2ND-8TH \$325



- 8 GAME PAL SEASON - ONE TO TWO PRACTICES PER WEEK
- INDOOR PRACTICE SESSIONS PRIOR TO SEASON START
- SEASON RUNS FROM MARCH THROUGH MAY
- CLINIC OPPORTUNITIES AND TRAINING
- 1ST GRADE WILL HAVE OPPORTUNITIES FOR TOURNAMENTS

*REGISTRATION FOR PAL ONLY TEAMS WILL OPEN IN NOVEMBER 2024



TRAINING AND PARTNERSHIPS

YEAR ROUND

OFFERINGS



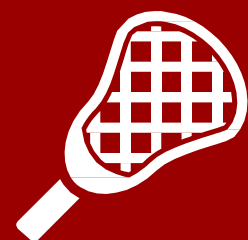
CLINICS

TRAINING WILL BE OFFERED YEAR ROUND. CLINICS AND EVENTS FROM PRE-K TO 8TH GRADE. PLEASE FOLLOW US ON FACEBOOK AND INSTAGRAM OR VISIT OUR WEBSITE FOR MORE.



USA LACROSSE

SMITHTOWN YOUTH LACROSSE WAS NOMINATED BY USA LACROSSE AS A GOLD STICK PROGRAM. THIS AWARD IS NOT GIVEN TO MANY PROGRAMS AND WE ARE THE FIRST ON LONG ISLAND TO RECEIVE SUCH AN AWARD.



LOCAL COLLEGES AND SMITHTOWN ALUMNI

CLINICS YEAR ROUND WILL INCLUDE PLAYERS AND COACHES FROM OUR SMITHTOWN HIGH SCHOOLS AS WELL AS LOCAL COLLEGES.



HIGH SCHOOL LACROSSE PARTNERSHIP

COACHES FROM BOTH HIGH SCHOOL WEST AND EAST TAKE AN IMPORTANT ROLE IN THE CULTURE OF OUR YOUTH PROGRAM. THEY WILL CONTINUE TO WORK WITH US TO DEVELOP THE NEXT GENERATION OF HIGH SCHOOL PLAYERS!



The Smithtown Difference

Today's club scene can be overwhelming. We recognize there is a desire to play at a highly competitive level; however, many clubs that create an atmosphere filled with FOMO (fear of missing out).

Club lacrosse is a for-profit businesses. Smithtown Youth Lacrosse is not!

- **SMITHTOWN YOUTH LACROSSE PROVIDES A HIGH-LEVEL OF COMPETITION & YEAR-ROUND DEVELOPMENTAL TRAINING & CLINICS... ALL IN SMITHTOWN!**
- **SINCE WE DO NOT ENDORSE ONE CLUB OVER ANOTHER...WE PROUDLY ENCOURAGE TEAM SMITHTOWN!**
- **WHILE CLUB LACROSSE IS HERE TO STAY... AS ARE THE BONDS OF SMITHTOWN FREINDSHIPS!**

Playing for your town is important. We believe in carrying forward the bonds of friendship created in our community school to the playing fields of lacrosse!

It is important to our community to build upon these critical dynamics from an early age through to high school.

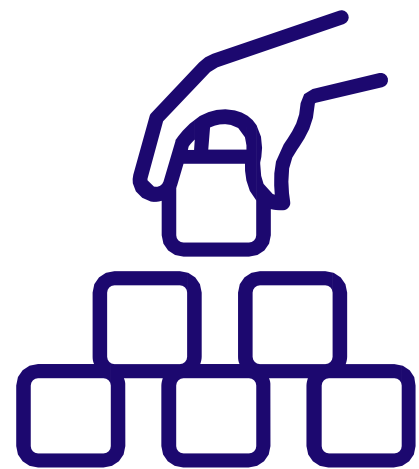
As such, we are extremely excited to work with the High School coaches of both Smithtown East and West.

If your child is playing the sport that they enjoy, then they are progressing.
That is what's most important!





THANK YOU!



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